

# DEPARTMENT OF KINESIOLOGY

## UNDERGRADUATE PROGRAM REQUIREMENTS

CURRENT REQUIREMENTS	PROPOSED REQUIREMENTS
The requirements listed below are effective for students first admitted into the professional program in spring 2015.	The requirements listed below are effective for students first admitted into the professional program in spring 2017.
Dance 2 Ballroom Dance I, 1 cr *	Will be offered as elective courses for those students who need more experience or have additional interest in these specific topics.
Dance 205 Dance, 1 cr *	
104 Aquatics, 1 cr *	
121 Foundations of Physical Education, 2 cr	121 Foundations of Physical Education, 2 cr
315 Assessment and Research in Physical Activity Pedagogy, 3 cr	315 Assessment and Research in Physical Activity Pedagogy, 3 cr
316 Adapted Physical Activity, 3 cr	316 Adapted Physical Activity, 3 cr
325 Group Development and Behavior Management, 3 cr	325 Group Development and Behavior Management, 3 cr
327 Current Topics in Outdoor Pursuits, 1 cr	Will be offered as an elective for interested students
353 Physical Education in a Multicultural Society 2 cr	353 Physical Education in a Multicultural Society 2 cr
355 Socio-Cultural Aspects of Physical Activity, 3 cr (also meets General Education Communication B) **	Content will be covered in the context of PE in Kinesiology 353/Kinesiology 121
360 Lifespan Motor Development, 3 cr***	Content will be covered in the context of PE in Kinesiology 370
370 Planning and Teaching Physical Education, 3 cr	370 Planning and Teaching Physical Education, 3 cr
371 Methods of Teaching PK-12 Dance and Gymnastics, 3 cr ****	Will serve as a lab for 370 Planning and Teaching Physical Education, 1 cr
372 Methods of Teaching PK-12 Educational Games and Fitness, 3 cr	372 Methods of Teaching PK-12 Educational Games and Fitness, 3 cr
373 Methods of Teaching Secondary Sport Concepts and Skills, 3 cr	373 Methods of Teaching Secondary Sport Concepts and Skills, 3 cr
375 Practicum in Kinesiology (EI/Sec PE), 3 cr (includes six hours per week in schools) *****	Students needing additional skill work prior to student teaching will be required to take between 1-3 credits
412 Organization and Administration of Physical Education, 2 cr	412 Organization and Administration of Physical Education, 2 cr
478 Elementary School Physical Education Student Teaching, 6 cr	478 Elementary School Physical Education Student Teaching, 6 cr
479 Middle School or High School Physical Education Student Teaching, 6 cr	479 Middle School or High School Physical Education Student Teaching, 6 cr

### Rationale

\* There appear to be an excessive number of physical activity content courses required of students (e.g., three dance classes, plus dance and gymnastics). The sub-committee recommends that Dance 2: Ballroom Dance; Dance 205: Dance (for PE); Kines 327: Outdoor Pursuits and Kines 104 be offered as elective courses for those students who need more experience with these specific topics

\*\* Content from some classes, including Kines 355: Socio-Cultural Aspects of Physical Activity could be integrated into other courses. The sub-committee agrees and recommends consideration of other courses in the PE Program (e.g., Kines 121: Foundations of Physical Education) in which some content from Kines 355 could be integrated

\*\*\* Much of the content from Kines 360 is included in Kines 370 and other methods courses, thus, the sub-committee recommends removing Kines 360 as a requirement

\*\*\*\* Kines 370 & 371: For a variety of reasons, it has proven difficult to find schools in which to teach Kines 371: Methods of Teaching PK-12 Dance and Gymnastics. At the same time, teaching theory in Kines 370: Planning, Teaching and Assessment in Physical Education has been somewhat difficult to teach without the opportunity to put those theories into practice. The content of Kines 371, with its basis in fundamental movement patterns and concepts, would be ideal to pair with Kines 370 in order to solve both issues

\*\*\*\*\* A review of other Physical Education programs in the state shows a trend toward exchanging a general practicum experience with content-specific experiences such as the ones that were developed and are included within the current Physical Education methods courses. The sub-committee recommends that Kines 375 become an option/elective for students who need more teaching practice prior to student teaching

By making the suggested changes to the program students will receive the same high quality coursework for fewer credits. This will help students move through the program in a timely manner.