

KINES 387: THE YOUNG ATHLETE: CONSIDERATIONS FOR EXERCISE, MEDICINE, & ACTIVITY

New Course Proposal

Changes saved but not submitted

Viewing: KINES 387 : The Young Athlete: Considerations for Exercise, Medicine, & Activity

Last edit: Mon, 04 Nov 2019 18:15:38 GMT

Proposal contact information:

Name

Bell, David R

E-mail

drbell2@wisc.edu

Phone

608/265-2891

Type of approval

Governance Approval Needed

Is your unit (department/subject listing) submitting more than 5 course proposals at this time?

No

Basic Catalog Information

First Available Term

Spring 2020 (1204)

Should this course have the graduate attribute?

No

Subject

KINES - Kinesiology

Course Number

387

Is this course crosslisted?

No

Course Title

The Young Athlete: Considerations for Exercise, Medicine, & Activity

Transcript Title

Young Athlete Exer & Medicine

Course Description

Sports are a great way for children to stay physically active, but adults are changing sports in ways that impact children in negative ways. This class focuses on how kids are different than adults in terms of their needs for exercise and physical activity. Topics include physical activity epidemiology, growth, maturation, and sport specialization. It will also focus on common orthopedic injuries in the adolescent and pediatric populations and how injuries in young athletes are treated.

Enroll Info (usually None)

None

Requisites

None

Grading Basis

A/F

Component Type

Lecture section is scheduled

Credits

2

Is this a topics course?

No

Repeatable

No

Does this course need a scheduled two-hour final exam for fall and spring offerings?

No

Course Designations**Should this course be considered for LAS credit?**

No

Should this course be considered for the Ethnic Studies General Education attribute?

No

Should this course have the workplace course attribute?

No

Rationale for the Course

Why is this course being proposed? In responding to this question, be sure to answer the following: What gap in the curriculum is this course fulfilling? What is the purpose of the course? What degree and/or major requirement(s) will this fulfill?

This course proposal is presented as a companion to a new certificate proposal in Athletic Healthcare in the Department of Kinesiology. This course proposal is put forward as companion to the formal certificate authorization proposal. This course has been designed as a core course in the proposed certificate. In addition to the proposed certificate we have surveyed Kinesiology and Pre-Kinesiology Students and found that 98% were interested in the certificate. The purpose of this course is to discuss issues in athletic healthcare specific to the young athlete. Young athletes are not small adults and require specific considerations to exercise, medicine and activity. This course is designed to provide students with information about these topics. Young athletes are a key demographic that is commonly treated as part of athletic healthcare.

What is the estimated enrollment for the course?

30

How many qualified instructors in the primary unit will be able to teach the course?

3

Address the relationship of the course to other UW-Madison courses, including the duplication of content, both inside and outside the primary unit.

This course does not duplicate current content in the Department of Kinesiology. Any potential content overlap with existing programs has been reviewed by the departments and programs who have provided support to this certificate program.

Course Content Information**Course Learning Outcomes**

	Outcomes – enter one learning outcome per box, use the green + to create additional boxes.	Audience
1	Describe how sport and physical activity are related. As well as the pros and cons to sport participation.	Undergraduate
2	Identify common sport-related injuries in children and common treatments for those injuries.	Undergraduate
3	Identify sport participation recommendations and apply these recommendations to determine appropriate sport participation levels in children.	Undergraduate
4	Understand the complex interaction between growth, maturation, and sport participation and how this impacts talent development in young athletes.	Undergraduate
5	Identify key members of the pediatric care team as it relates to athletic healthcare.	Undergraduate

Credit hour policy

This course has been designed to meet the credit hour policy.

Please upload a syllabus.

Syllabus - Young Athlete (kines 387).pdf

Key: 13182